



Kimbrose Club



Welcome Pack

“Opening Doors for Older People in Gloucestershire”

St Philip's Court (24 flats) Philip Street GL1 5PL	St Margaret's (36 flats) London Road GL1 3PH	St Mark's Court (26 flats) Sherborne Street GL1 3ES	St Bartholomew's (44 flats) Park Road GL1 1LR	Kimbrose Club St Margaret's London Road GL1 3PH	Magdalen House Nursing Home 98a London Road GL1 3PH	Guild House Residential Home 2a Denmark Road GL1 3HW
				Tel: 414659	Tel: 386331	Tel: 525098

The Gloucester Charities Trust

Head Office, Century House, 100 London Road, Gloucester. GL1 3PT
Registered Charity No 205177 - RSL No A0215





We welcome your feedback and would love to hear your comments. A copy of our complaints and gratuity procedure is included in this pack.



Once you have decided to become a member of the Kimbrose Club we will ask you to sign a contract. This pack includes some of the most commonly asked questions, as well as some information on where you can seek advice and support.

Kimbrose Club Fees



Full day taster session including lunch & transport (1 per person)	£20.00
Half day taster session including lunch, without transport (1 per person)	£10.00
Full day including lunch & transport	£45.00
Full day including lunch without transport	£42.00
Half day including lunch without transport	£25.00
Hourly rate	£12.00

NB transport is subject to availability & cannot be provided for a half day.

We are also able to arrange the following services with our recommended providers who are sympathetic to your needs and also hold DBS (CRB) clearances.

Hairdressing and Chiropody	
Trim, shampoo & set / Cut & blow dry	£16.00
Shampoo & set / Shampoo & blow dry	£10.50
Perm	£45.00
Gents hair cut	£8.00
Chiropody	£18.00

Most Commonly asked Questions



How do I pay my Club membership?

Our preferred payment method is by direct debit which can be set up for you. Initially

however you may prefer to pay for each

visit with cash or a cheque made payable to 'The Gloucester Charities Trust'.

Where can I get support and advice on Finances?

You can contact your Local Authority on: 01452 426868.

The Alzheimer's Society Dementia Advisor can also support you in many ways, you can contact them on: 01452 525222

Once I have signed the contract, how can I cancel?

You will need to give 4 weeks prior notice; the Trust reserves the right to charge a 50% exit fee when this is not given.

What if I miss a session?

We will endeavour to offer you an alternative day that week if we can. If you are absent and give less than 7 days notice you will be charged the full amount and thereafter a fee of 50% to retain your place.

How do I make a complaint?

Please let us know if you are not happy in any way. You can put this in writing or speak directly to the manager. We will carry out a full investigation into any concerns and complaints raised.

Can you give medication?

We are able to support on a basic level with medication, giving a verbal reminder to our members. However we must follow a few rules:

All medication must be in the original packaging.

The medication must state what it is, who it is for and who prescribed it.

The medication must clearly give the dose and when it needs to be taken.

All of this information is on the dispensing label on the packaging.

Can I give the staff gifts?

No we do not accept gifts. But, if you would like to donate to the Trust or just to the Kimbrose Club, we will ensure any donations made are put to good use.

Kimbrose Club Family

Manager: Kerry-Ann Lees



Kerry-Ann joined the team in 2016, after working for 10 years in domiciliary care. Kerry-Ann has a passion for training staff, specialising in Dementia Care and Parkinson's disease.

Kerry- Ann is a keen adventurer and has been to the jungles of Borneo to look for wild Orang-utans, India in search of tigers and has sled across the Arctic Circle.

Senior Support Worker: Sian



Here since the Club opened in 2012, Sian's experience together with her optimistic and calm nature makes her the ideal person to lead our team of support workers, keeping everyone organised.

Sian is an experienced minibus driver, so will be part of the friendly team that collects you.

Admin Assistant: Jane



As the receptionist Jane meets and greets all of the Members and looks after the paperwork. Jane enjoys all things artistic and produces the newsletters, brochures and sets up the craft displays. She also organises the outside groups of musicians, choirs and dancers that will entertain you.

Transport Co-ordinator: Denzil



Denzil has been with the family since 2012. He organises all of the buses for the whole Trust and will be a familiar face picking you up and returning you home each day. He was a coach driver for many years travelling Europe so has a wealth of knowledge. Denzil has a military background, part of the Drum Corps for over 14 years, he has also dealt in antiques for 25 years and is a keen rugby supporter

Support worker: Emma



Emma has worked in care all of her working life and was previously a Mental Health Nurse.

Emma really enjoys working with the members in small groups and being very creative she organises our craft sessions, her natural flair is just what you need to inspire you to make cards and decorations.

Support Worker: Paula



Paula joined us in 2016 having worked as a health care assistant in Gloucester Royal Hospital, in a local nursing home and more recently with children with special needs. Paula is a lively member of the team and is sure to put a smile on your face.

Support Worker: Richard



Richard has worked for the Trust for 7 years, initially in various admin roles but his caring nature led him into the nursing environment. He is a fitness fanatic and will be sure to keep you moving with his gentle exercise sessions.

In his spare time Richard is a keen fundraiser; he has skydived and completed many runs for charity. He is also a volunteer youth team leader.

Support worker : Jessica



Jess is the newest member of the family and has a natural talent to care for others. She really enjoys baking and so will be leading some cooking activities, so you can look forward to homemade cakes with your afternoon tea. Jess is also interested in science and biology and just started driving lessons.

Driver: Morten



Morten has been working for the Trust since 2010 as the Activities Co-ordinator for our 'sheltered' residents but he is also a driver for Kimbrose in the mornings.

Morten is very versatile and occasionally helps out serving teas & coffees, doing a quiz or calling the numbers for a game of bingo.

Hugh: Driver



After working for BT for 34 years Hugh is now enjoying driving the minibuses for the Trust. He has driven Route 66 with his son, followed by 4,500 miles through USA. Hugh's interest is clearly with 4 wheels and he is always looking for an excuse for the next trip.

Hairdresser: Sarah



Sarah has worked in 'Kays' salon all of her working life, she visits Kimbrose several times a week to shampoo, set, trim and perm hair. Sarah is lovely to chat to and will always do her best to fit you in.

Chiropodist: Lisa



Lisa was a trained Nurse before she became a Chiropodist and has been looking after our Member's feet for several years. Always cheerful, Lisa will brighten your day as well as putting a spring in your step.



THE HISTORY OF THE GLOUCESTER CHARITIES TRUST

The origin of the Trust lies in the shelter provided by the medieval monasteries of Gloucester for the poor and for lepers.

The 12th Century saw the establishment of the “shelters” or “hospitals” of St Margaret, St Mary Magdalen, St Kyneburgh and St Bartholomew around the City. By the mid 14th Century their control had passed from the Church to the Burgesses of the City but they retained their monastic endowments of land.

Leprosy declined in the 16th Century and the “hospitals” became more identified with the care of the infirm and elderly. In 1545 Henry VIII gave custody of St Margaret’s Hospital to the Mayor and Corporation. This custody was extended to the other hospitals in time.

By 1800 the residents of these hospitals were generally known as “Almspersons” occupying “sheltered accommodation” and by the end of the century the term “Hospitals” had given way to “Almshouses”. By 1896 when the first Charity Commissioners “Scheme” or “Charter” came into being, the United Hospitals were governed as one by 18 Trustees under the title Gloucester Municipal Charities.

The mid 20th Century saw the reduction of the Charity to just one site, that of St Margaret’s where the replacement almshouses of 1861 stand to this day alongside the 13th Century St Margaret’s Chapel in London Road.

Since 1977 there has been a rapid expansion in both sheltered accommodation for the elderly and variety of care provided. Four new buildings of sheltered flats have been erected, one at St Margaret’s and , drawing on past names associated with the Trust; St Bartholomew’s in Park Road, St Mark’s Court in Sherborne Street and St Philip’s Court in Philip Street. The number of sheltered flats now stands at 130.

In the 1990s the title ‘The Gloucester Charities Trust’ was adopted and a variety of extra care facilities were added; Magdalen House Nursing Home, Kimbrose Care Centre both at St Margaret’s and in 1999 Guild House Residential Home in Denmark Road was transferred to the Trust. The Trust is now able to accommodate 200 people. The Trust employs 110 staff, the majority of whom are part time.

The Trust's area of benefit has recently been extended by the Charity Commissioners to include the whole of the County.

For 800 years the Trust has been adapting accommodation and care to meet the needs of the time for the people of Gloucester. Today the Trust offers the complete spectrum of accommodation and care for the elderly short of hospitalisation. Perhaps never before has the Trust been so in tune with the times which bodes well for its future in the third Millennium.

GCT TODAY

GCT now owns and manages 4 sheltered housing schemes across the City of Gloucester – St Margaret's, St Marks, St Bartholomew's and St Philips. All are either one or two bedroom flats for single or double occupancy. The flats are maintained to a very good standard and the Trust has a comprehensive programme of refurbishment in place.

The Trust also owns and manages Guild House Residential Home which now has the majority of its 34 beds allocated to those living with dementia. Our residents with dementia occupy Grace Wing (moderate to high level needs) and Bluebell Wing (low to moderate needs) with the more traditional residential residents occupying the ground floor of the Home. Each floor has its own lounge and dining facilities and all rooms are en-suite with either a shower or bath.

In addition, the Trust also owns and manages Magdalen House Nursing Home. The home has 29 bedrooms, all en-suite and provides excellent nursing care over 2 floors. Some of its residents live with dementia but there is no segregation of residents within the home.

The latest addition to the Trust's services is that of a day care facility for those living with dementia which is open to the wider community. Our Kimbrose Club is open from Tuesday to Friday inclusive and transport is provided if necessary within a specified radius. We also hold another social club in our Kimbrose Centre that of the Monday Club which is a club for older people who simply wish to socialise with others.

The Trust also owns 2 farms, which are both Tenanted. Whilst not part of our core activities these provide useful additional income for the Trust to use for the benefit of its residents and members.

For further information please visit our website: www.gloucestercharitiestrust.co.uk



You say the nicest things.....

After trying several other clubs, Kimbrose was recommended to us.... we are so glad we found you! Mum and Dad have spent very happy days with all the wonderful caring staff, from being picked up in the morning to being escorted safely back into their home, their days have been filled with good company, good food and wonderful entertainment. Your support through difficult times when mum passed away was above and beyond and you have continued to care for dad (and us) with your usual compassion, uplifting support and kindness. Thank you all so much.

The Kimbrose is a place where you are always met by a friendly face, warm welcoming staff that go above and beyond their job roles, A place where your loved ones are cared for so you have peace of mind whilst you have time for yourself, From the moment my mum steps on the bus she's laughing and always comes home safely after having a great day out Thanks all at the Kimbrose.

The Kimbrose Club is a warm caring environment, My Mum lives for her Kimbrose days, and I'm so grateful she has the amazing staff in her life. Thank you all.