



# The Charity Chat

## August 2018

### Summer Fayre

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#### GLOUCESTER CHARITIES TRUST

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**GCT's Summer Fayre**  
**"Sunny Day"**  
Wednesday 29th August 2018  
12-4pm  
at St Margaret's

**Bring Your Own Picnic**

**Dress Code:**  
*(Summer Dresses,  
Hawaiian Shirts, Shorts and T-Shirt,  
Hats, Sunglasses)*

**All Welcome**

**Tickets must be purchased in advanced**

**Residents: Free**

**Residents Relatives/Friends:**  
£2 for Adults  
£1 for Children

**Cream Teas  
A Raffle  
Stalls for you to browse  
A Tombola  
And Entertainment!**



## Summer Fayre Raffle Prize Donations



If anyone is kindly able to donate any Raffle prizes for the Residents Summer Fayre. Please could these be handed into Head Office by **Friday 24th August 2018**



## Purchasing of Summer Fayre Tickets



This year we will be issuing tickets for the Summer Fayre. Residents/Members tickets are free and there is a small cost for tickets for relatives.



**Please Note:** All Tickets must be requested and purchased in Advance. Tickets sales will end on **20th August 2018**. This is to ensure we can cater for everyone attending.  
Don't forget to bring your own picnic.

## Places of Interest to Visit this Summer



Eastnor Castle - Ledbury  
Painswick Rococo Garden - Painswick  
WWT Slimbridge Wetland Centre  
Goodrich Castle - Ross on Wye  
Museum in the Park - Stroud  
Prinknash Bird and Deer Park - Cranham



## Guild House

### Edison Phonograph Show

Guild House Residents had a fascinating afternoon, when David and Sue Bayley came in for their Edison Cylinder Phonograph Show. The Residents were able to see and listen to a Thomas Edison phonograph of 1908 with a large 30 inch brass horn, an early portable gramophone, wax cylinders and long-forgotten lyrics of romantic, topical and comic songs of 110 years ago. It was truly an eye opener of the early recorded sounds and how it all began.



### Arts and Crafts

Our Residents got crafty once again in order to prepare for our 2<sup>nd</sup> annual Summer BBQ here at Guild House. They made ice-cream bunting out of cardboard and bright coloured pompoms. We used a much faster method for making the pompom by wrapping one colour yard around the palm of the hand about 150 times, and then double knot the middle tight. We also had a flower arranging session with

artificial flowers to make the table decorations. We have stunning results and some very proud Residents.





## Magdalen House

### New Garden Area



The maintenance team have recently finished the garden project in the Courtyard at Magdalen & Kimbrose, the aim was to separate the area and give both settings their own bit of outside space. in The Kimbrose garden we created a touch of the seaside with a beach, deck & sails!



The Magdalen space is oriental inspired, all centred around the two gorgeous Acer trees, with a babbling brook and a shaded seating area. The Residents, members and staff have all commented on how nice it looks and have enjoyed spending time out there. Magdalen would like to thank the maintenance team for all their hard work, especially during the very hot weather.

### Afternoon Tea

We hosted another afternoon tea at Magdalen, and got out all the vintage cups and saucers, we also had family members join us in the dining room. It was a lovely afternoon full of chatter and laughter.



### Flower Arranging



We also took part in some flower arranging which is a regular activity on a Monday. We displayed these in the lounge, on the tables in the dining room and in the reception area. The flowers add a beautiful touch and the Residents enjoy seeing their creations on display. We use different flowers each week to add variation and allows the Residents to see all the different flowers there are available.



## Sheltered Housing

### ST Margaret's Breakfast

The Residents at St Margaret's enjoyed a Sunday morning hot breakfast. Thank you all who attended, it was a lovely morning.

Feedback from residents:

'The best way to start my Sunday'

'Thank you for an excellent breakfast. Thoroughly enjoyed food and the company'

'Absolutely delicious as always. You have done us proud again'



## Kimbrose



### Beat the Streets

Recently our club members went out and about to 'Beat the Streets'. You may have recently seen small boxes going up around town, the aim to turn Gloucester in to a giant game which is fun and free. As you walk, run or cycle your route around Gloucester you tap any of the 71 boxes with a card to collect points. Local businesses also donate free prizes for lucky tappers. It's an excellent way to keep fit and meet with other people of all ages, not to mention a great way to explore the City.

Whilst our club

members were out and about they met a school group doing the same thing, they kindly took a group picture for us. With a combined age of 458 years we don't expect to be at the top of the leader board but our members really enjoyed the activity.





## Recipe: Classic Scones with Jam and Cream

### Ingredients

350g self-raising flour, plus more for dusting

¼ tsp salt

1 tsp baking powder

85g butter cut into cubes

3 tbsp caster sugar

175ml milk

1 tsp vanilla extract

Squeeze lemon juice

Beaten egg, to glaze

Jam and clotted cream to serve



Heat oven to 220C/fan 200C/gas 7. Tip the flour into a **large bowl** with the salt and baking powder, then mix. Add the butter, then rub in with your fingers until the mix looks like fine crumbs. Stir in the sugar.

Put the milk into a jug and heat in the microwave for about 30 secs until warm, but not hot. Add the vanilla and lemon juice, then set aside for a moment. Put a **baking sheet** in the oven.

Make a well in the dry mix, then add the liquid and combine it quickly with a cutlery knife – it will seem pretty wet at first. Scatter some flour onto the work surface and tip the dough out. Dredge the dough and your hands with a little more flour, then fold the dough over 2-3 times until it's a little smoother. Pat into a round tin about 4cm deep.

Take a 5cm **cutter** (smooth-edged cutters tend to cut more cleanly, giving a better rise) and dip it into some flour. Plunge into the dough, then repeat until you have four scones. You may need to press what's left of the dough back into a round to cut out another four.

**Brush** the tops with beaten egg, then carefully place onto the hot baking tray.

Bake for 10 mins until risen and golden on the top. Eat just warm or cold on the day of baking, generously topped with jam and clotted cream. If freezing, freeze once cool.

Defrost, then put in a low oven (about 160C/fan 140C/gas 3) for a few minutes to refresh

### Reward & Recognition

Melanie Aslett - Head Office

Kate Swanson - Head Office

Hugh Phipps - Kimbrose

Inez Wilshire - Head Office



# Word Search

## Cruises

J	S	I	G	H	T	S	C	T	G	K	R	G	V	B	F	A	P	O	O	L
S	O	T	J	G	L	R	W	R	E	N	Q	E	D	E	C	K	N	C	U	
T	L	U	N	L	U	J	A	A	U	D	A	V	Q	T	P	C	T	E	M	O
A	A	L	R	E	F	E	B	V	M	I	E	D	O	O	F	O	V	R	E	G
R	V	M	I	N	M	M	S	B	E	R	S	S	Z	Y	K	M	E	D	N	K
B	I	I	Z	F	E	N	M	T	A	L	S	E	T	H	H	M	S	L	I	T
O	R	E	R	V	E	Y	I	G	S	T	E	I	X	I	I	O	S	I	S	O
A	R	V	P	E	E	B	E	A	L	E	V	R	T	Q	N	D	E	H	I	U
R	A	B	J	F	L	S	O	U	T	I	R	R	O	A	Y	A	L	C	U	R
D	G	C	O	D	S	A	D	A	T	R	Z	U	E	B	F	T	T	Q	C	I
M	N	S	I	N	A	A	X	C	T	S	E	C	T	H	X	I	Z	I	N	S
Y	I	S	N	N	V	D	A	A	C	P	O	T	E	R	C	O	L	F	O	M
R	C	L	R	O	D	O	V	I	T	A	Y	Q	N	M	A	N	H	F	U	N
A	N	A	O	E	I	U	Y	E	C	I	P	T	N	E	I	P	D	P	T	N
R	A	N	B	R	G	S	L	A	N	L	O	T	Y	O	G	T	E	C	A	I
E	D	D	R	N	L	N	R	G	G	T	U	N	A	I	I	K	I	D	O	B
N	S	M	A	Q	O	O	E	U	E	E	U	G	F	I	H	T	Z	R	B	A
I	H	A	H	D	Z	I	U	S	C	N	E	R	G	Z	N	F	A	D	A	C
T	I	R	D	J	P	R	T	N	S	X	R	O	E	A	I	F	Q	C	E	M
I	P	K	T	S	A	O	C	O	G	A	E	V	X	H	G	S	E	V	A	W
M	B	U	F	F	E	T	H	Y	M	E	P	Y	A	W	R	E	T	A	W	V

ACCOMMODATION  
 ACTIVITY  
 ADULTS  
 ADVENTURE  
 ARRIVAL  
 BEVERAGES  
 BOAT  
 BON VOYAGE  
 BUFFET  
 CABIN  
 CAPTAIN  
 CHILDREN  
 COAST  
 CRUISE  
 CUISINE  
 DANCING  
 DECK

DEPARTURE  
 DESTINATION  
 EMBARK  
 ENTERTAINMENT  
 EXCURSIONS  
 FOOD  
 FUN  
 GUESTS  
 HARBOR  
 INDULGE  
 ITINERARY  
 JOURNEY  
 LANDMARK  
 LIFEBOAT  
 LOUNGE  
 LUGGAGE  
 MARITIME

MOTION  
 OCEAN  
 PASSENGERS  
 POOL  
 RELAXATION  
 SEA  
 SHIP  
 SIGHTS  
 STARBOARD  
 TOURISM  
 TRAVELER  
 VACATION  
 VESSEL  
 WATERWAY  
 WAVES



# August Activities 2018

DATE	TYPE OF ACTIVITY	LOCATION / TIME
Thursday 2nd	Exercise Class	Kimbrose, 4.00pm
Friday 3rd	Lunch Club & Activities	St Bartholomew's, 12.30
Monday 6th	Day Trip with Carole	Weston-Super-Mare
Tuesday 7th	Social & Cream Tea Morning Lunch Club & Games	St Mark's, 10.30am St Bartholomew's, 12.30
Wednesday 8th	Book Club	St Margaret's, 2.00pm
Friday 10th	Lunch Club & Activities	St Bartholomew's, 12.30
Monday 13th	Shopping with Carole	Morrison's, 9.30
Tuesday 14th	Coffee & Cream Tea Morning	St Bartholomew's, 10.30am
Thursday 16th	Exercise Class	Kimbrose, 4.00pm
Friday 17th	Lunch Club & Activities	St Bartholomew's, 12.30
Monday 20th	Day Trip	Lacock Abbey Fox Talbot Museum
Tuesday 21st	Coffee & Cream Tea Morning Lunch Club & Games	St Philip's, 10.30am St Bartholomew's, 12.30
Wednesday 22nd	Knit and Natter	St Margaret's, 2.00pm
Friday 24th	Lunch Club & Activities	St Bartholomew's, 12.30
<b>Monday 27th</b>	<b>BANK HOLIDAY</b>	<b>United Kingdom</b>
Tuesday 28th	Shopping Coffee & Cream Tea Morning	Sainsbury's, 11am start approx. St Margaret's, 10.30am
<b>Wednesday 29th</b>	<b>GCT SUMMER FAYRE</b>	<b>St Margaret's, 12 - 4pm</b>
Thursday 30th	Monthly Lunch Out Exercise Class	Tbc Kimbrose, 4.00pm
Friday 31st	Lunch Club & BINGO	St Bartholomew's, 12.30

**Subject to change**

**LUNCH CLUB AVAILABLE MONDAY - FRIDAY**

**MEAL DELIVERIES ARE AVAILABLE ON TUESDAYS, WEDNESDAYS, & THURSDAYS**

Activities are open to all Residents on a 'first come first served' principle. If you require assistance a relative or friend should accompany you. A deposit may be required for trips. **TO BOOK MEAL DELIVERIES, LUNCH CLUBS, SHOPPING or OUTINGS** (including Friday Activities), PLEASE CALL HEAD OFFICE on 01452 500429. For further information about individual activities, please see posters on your notice boards or speak to Melanie, Carole or Morten.

