



The Charity Chat

July 2018

CONTENTS

Page:

And the Adventure begins:2

Kimbrose: 2

Magdalen: 3

Guild House: 4

Sheltered Housing: 5

Recipe: 6

Poem: 6

Word search: 7



Libby gets Married



CONGRATULATIONS

Introducing the new Mr & Mrs Johnstone; Libby (our Head Office receptionist) and Phil were married on Friday 25th May 2018 at St Lawrence Church in a beautiful ceremony. The newlyweds set sail shortly after their wedding to begin their adventure as Husband and Wife. Congratulations Libby and Phil may your married life be filled with fun, love, joy and laughter.

GLOUCESTER CHARITIES TRUST

Century House
100 London Road
Gloucester
GL1 3PL
Gloucestershire

Phone: 01452 500429

Fax: 01452 381611

E-mail: info@gloschar.org.uk



And so the adventure begins....

Prior to Libby's wedding the Trust wanted to give Libby and her Husband to be, a gift that would support them spending quality time together in their married life. Libby and Phil like the outdoors so what better gift than a beautiful picnic basket for those days out. Of course the team at Head Office were on hand to share wedding tips, advice and well wishes on Libby's last day.



The Kimbrose Community Hub

With the sad news that Engage Day Service run by Age UK will be closing their doors at the end of this month, the Kimbrose Club is excited to announce the launch of the Kimbrose Club Community Hub on 18th June 2018. The new Community Hub will be operating from and alongside the Kimbrose Club and will offer new activities which will be



based out and about in the community. For example skittles, golf, visits to museums, daily scenic drives and a weekly men's den to name a few. If any Trust Residents are interested in joining the Community Hub, please drop by to say hello and take a look at our activity schedule, or call us on 01452 414659 to find out more.





Magdalen

Bristol Zoo Trip

We had a fabulous day out at Bristol Zoo. The sun was shining and we had a lovely picnic watching the monkeys play. It was ice creams all round on the minibus home – wet wipes to hand!



Royal Wedding Celebrations

We decorated Magdalen House out in Royal colours in time for the Royal Wedding on 19th May. Celebrations started off with a refreshing glass of Pimms and Strawberries. Our catering team put on a delicious spread, so with full bellies we headed to the garden for a game of noughts and crosses and a very loud sing song. What a beautiful wedding it was too!





Guild House

Bus Trip Out

Dark clouds, rain and the threat of thunderstorms made us revise our plans and go to an indoor venue: We visited the excellent Wyevale Garden Centre at Brockworth. Plenty of plants and garden related things to see as well as the fantastic



aquarium section, that would not be out of place as an attraction in itself. Several pictures showed the fun we had and the manager was kind enough to let us have our tea and biscuits amongst the garden furniture, which was very generous and added an amusing aspect to the trip, enjoyed by all despite the rain.

Hugh

Gardening



Some successful gardening sessions were taken place in the beautiful Garden of Guild House during this lovely, sunny weather period. Residents got “hands on” planting and potting colourful flowers. We think Neelo is doing a wonderful job here, watering the plants. Thank you all for your help!



Sheltered Housing

Race for Life



Well done to Daphne Arnold and her Daughter Kate for completing the Race for Life on Sunday 10th June 2018. They have raised nearly £300.00, with donations still coming, and both Daphne and Kate would like to give a huge thank you to everyone for being so generous, they have been blown away by the kindness and support they have received.

Fish and Chips Evening

The Residents of St Margaret's recently enjoyed another fish and chips supper evening, and it was thoroughly enjoyed by all. Kate and I would like to thank you all for your wonderful company and we look forward to the next one.





Recipe: Summer Berry Sorbet

Ingredients

500g fresh summer fruits
Juice and grated rind of 1 large orange
2-3 tbsp orange liqueur such as Cointreau
2 egg whites
100g caster sugar



Method

Place the fruit, orange rind and juice, liqueur and 175ml water in a food processor and blend until smooth.

If you have an ice cream machine, churn the mixture until it starts to freeze, alternatively pour into a rigid container and freeze, stirring every 30 minutes or so until ice crystals start to form. And it feels slushy.

Whisk the egg whites until stiff then gradually add the sugar beating until firm and glossy. Fold the meringue into the freezing fruit mixture and continue to freeze and stir until completely frozen. If making in advance, transfer the mixture to the fridge 30 minutes before serving.

Birds of a Feather



Our “white Blackbird” has to be seen not heard

It really is an unusual bird

Its official name is a “Pied”

As it has grey on each side.

It is a miracle it has survived

As other Blackbirds have tried

To chase this lovely bird away

But it lives to fight another day.

Who cares as it delights you and me

It’s nice to be different

Who wants to be the same?

It’s only a “white Blackbird” with another name.

Anon



Word Search

At the Beach

N Z F Z J K L F E U C N O E M
H S I F Y L L E J D R D N A S
S R E D A D K U Q Z P D J L K
L G Z Y P Q Q F Z M D Q K L V
Z H L R S A N D C A S T L E T
M W E O W L Q U E F A D G R B
C X V N I H P L O D W G P B B
S G O T M S F G C D H X K M A
U J H A S I R O C E A N Q U R
N K S O U F W L S W L V P M C
B Y Y B I S E A W E E D J O B
L T X F T U B U C K E T W X A
O Q C R E I P B V Z V M O Z L
C K J U S E A G U L L X R X L
K T G S E J K V S L L E H S A

BALL
BOAT
BUCKET
CRAB
DOLPHIN

FISH
JELLYFISH
OCEAN
PIER
SAND

SANDCASTLE
SEAGULL
SEAWEED
SHELLS
SHOVEL

SUNBLOCK
SURF
SWIMSUIT
UMBRELLA
WHALE

Reward & Recognition

Jane Reynolds, Lisa Smith & Sian Sharpe – Kimbrose
Rebecca Lea & Kim Spackman & the entire Catering
Team – Guild House
Claudette Renuad – Magdalen
Dorothy Morrow - Head Office



July Activities 2018

DATE	TYPE OF ACTIVITY	LOCATION / TIME
Monday 2nd	Shopping	Morrison's, 9.30am start
Tuesday 3rd	Coffee Morning	St Margaret's, 10.30am
Friday 6th	Lunch Club & Activities	St Bartholomew's, 12.30 start
Monday 9th	Day Trip	Nags Head, 10.30am start
Tuesday 10th	Social Morning Lunch Club & Games	St Mark's, 10.30am St Bartholomew's, 12.30 start
Thursday 12th	Games Afternoon	St Bartholomew's, pm
Friday 13th	Lunch Club & Activities	St Bartholomew's, 12.30 start
Sunday 15 th	Breakfast Baps	St Margaret's, 10.00am
Monday 16 th	Shopping Book Club	Sainsbury's, 9.30am start St Margaret's, 2.00pm
Tuesday 17th	Coffee Morning/ Breakfast Baps	St Bartholomew's, 10.30am
Thursday 19th	Exercise Class	Kimbrose, 4.00pm
Friday 20th	Lunch Club & Activities	St Bartholomew's, 12.30 start
Monday 23rd	Day Trip	Evesham
Tuesday 24th	Coffee Morning Lunch Club & Games	St Philip's, 10.30am St Bartholomew's, 12.30 start
Thursday 26th	Monthly Lunch Out Fish and Chips Evening	TBC. 11am start St Philip's, 5.00pm
Friday 27th	Lunch Club & BINGO	St Bartholomew's, 12.30 start
Monday 30th	Shopping Knit and Natter	Tesco, 9.30am start St Margaret's, 2.00pm
Tuesday 31st	Coffee Morning	St Margaret's, 10.30am

Subject to change

LUNCH CLUB AVAILABLE MONDAY - FRIDAY

MEAL DELIVERIES ARE AVAILABLE ON TUESDAYS, WEDNESDAYS, & THURSDAYS

Activities are open to all Residents on a 'first come first served' principle. If you require assistance a relative or friend should accompany you. A deposit may be required for trips. **TO BOOK MEAL DELIVERIES, LUNCH CLUBS, SHOPPING or OUTINGS** (including Friday Activities), PLEASE CALL HEAD OFFICE on 01452 500429. For further information about individual activities, please see posters on your notice boards or speak to Melanie, Carole or Morten.

