



The Charity Chat

December 2018

Merry Christmas

Dear All,

I am amazed that another year has passed

– it really is true that time flies!

Christmas is once again upon us and the majority of us will be looking forward to spending time with loved ones. I cannot wait to spend time with my family and see my Grandsons faces as they open their presents. It is a magical time for children.

As always, there are some of you who may be spending Christmas alone but would like some company. If this is you, please let us know; we can link you up with other residents or staff in a similar situation or we may be able to arrange for you to join us at Guild or Magdalen for Christmas Day lunch and a convivial afternoon.

We have some lovely events and social activities planned in the run up to Christmas to look forward to; please see the activity sheets in each area for an idea of what's on, when and where.

There is, hopefully, something for everyone in our varied programmes.

We are planning to have a Winter Wonderland display again this Christmas from 12th – 19th December. We will have our work cut out to try to improve on last year but we are up for the challenge!

Finally, huge thanks to all the staff and volunteers for their hard work, dedication and commitment to the Trust again this year; we really do appreciate it and I am sure our residents, members, relatives and friends do so too.

Wishing you the happiest of times at Christmas,

Kathryn Lewis

CEO

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Guild House

Pony Visit



Guild House had a Pony visiting as well, after we heard such positive feedback from Magdalen and Kimbrose. On a fine, sunny but crispy autumn day the Pony could find his way straight through our gardens to the conservatory, where our residents were waiting to see Darcy, the Pony, through the large windows. Our Molly, who is very fond of Horses, couldn't resist to come out to meet Darcy in person. Molly, was delivering milk for over 35 years with her cart and horse "Felix" in Hempsted. Molly still has Felix's bridle hanging up on the wall in her room. It was a really touching moment for Molly to finally have contact with a Pony again.

Donation

We kindly received a donation of a New Age Bowls Game, in the Name of Pearl Morgan, a former resident of ours, who sadly passed away. Pearl was a big fan of the Kurling and the New Age Bowls Game. So each time we will play the game, we will bring our memories back to our Pearl. Many, many thanks to Steve and Julie, Pearls children, to make this happen. The residents enjoy this game very much.





Magdalen House



Magdalen had a Halloween party last month, we had party games Halloween themed food and all the staff dressed up, It was a great evening. Staff brought in their family members and residents family and friends also came in to celebrate with us too.



We celebrated bonfire night in style with a great fireworks display in the back garden. We had a BBQ for tea and all the residents said how lovely it was as some of them hadn't seen or been to a fireworks display in a long time. Comments came back from residents that it brought back childhood memories when they celebrated with their families as children.

Our food theme this month was "Chinese". This went down really well and all the residents said how nice the food was, for some it was a first time of tasting Chinese food. Thanks again to all in the kitchen for a lovely lunch enjoyed by all.



We had a group in called "Pyjama Drama" we are the first home in Gloucestershire to have this. The children come from St Peters Nursery and use their imagination to act out different scenes, Their theme was "BONFIRE NIGHT". The residents loved joining in with the children for this and it was a hit with them all. We are looking forward to our next session this month.





Sheltered Housing

1950's Quiz

The 1950's Trivia Quiz was a huge hit for the residents at St. Margaret's. With a canapé spread and questions taking them back in time... it was thoroughly enjoyed by all. Congratulations to the winners Pat, Heather, Daphne and Valerie, we hope you enjoyed your chocolates. We will be organising another quiz in the near future.



Winter Warmer

Our St. Bartholomew's 'winter warmer' went down a treat with a tasty pudding to finish it off.

All the residents that came said how lovely it was and a little Christmas gift was given to sprinkle some joy.

St Philip's Word Search

St. Phillips word search morning with a cream tea was fully enjoyed. Each time the word searches will be of a different topic. We would like to invite you all to the next one.



Sheltered Housing

St Philip's BINGO

St. Phillips Bingo was a huge success with our two lucky winners receiving £10 pounds each for a full house! Friends of residents also joined us and cakes, chocolates and biscuits were shared. Such a lovely afternoon. Bingo at St Philip's will be taking place once a month, so please come along and join us for a fun afternoon. WIN! WIN!



Recipe: Gingerbread

Ingredients

350g/12oz plain flour, plus extra for rolling out
1 tsp bicarbonate of soda
2 tsp ground ginger
1 tsp ground cinnamon
125g/4½oz butter
175g/6oz light soft brown sugar
1 free-range egg
4 tbsp golden syrup

To decorate

writing icing /cake decorations (optional)

leave to chill in the fridge for 15 minutes. Roll out to 1/2 cm thickness on a lightly floured surface. Cut shapes with cutters and place on greaseproof paper leaving a gap between them. Bake at 180°C/160°C Fan/Gas4 for 12-15 minutes. Leave to cool before decorating.



Sift together the flour, bicarbonate of soda, ginger and cinnamon and pour into a bowl. Add butter and mix until it looks like breadcrumbs. Stir in sugar. Lightly beat egg and golden syrup, add to mixture and beat until it clumps together. Tip out and knead until smooth. Wrap in clingfilm and



Kimbrose

Remembrance Sunday

Earlier this year the members of Kimbrose took part in 'The Unremembered Wreath Challenge'. They created a beautiful wreath and we were delighted to be invited to take part in 'The People's Procession' on the 11th November, in London. The procession took place along Whitehall to the Cenotaph on Remembrance Sunday and ours was amongst the other Unremembered wreaths laid at the Cenotaph. It was a wonderful opportunity to ensure that commemoration of the Labour Corps had its place at the heart of Remembrance Sunday.



This creative display of tumbling poppies were cleverly made out of painted plastic bottle bases, card and Bridie's lovely crocheted flowers.

Both the members and staff enjoyed the activity and it was interesting to hear all the stories it invoked in our members.

JR

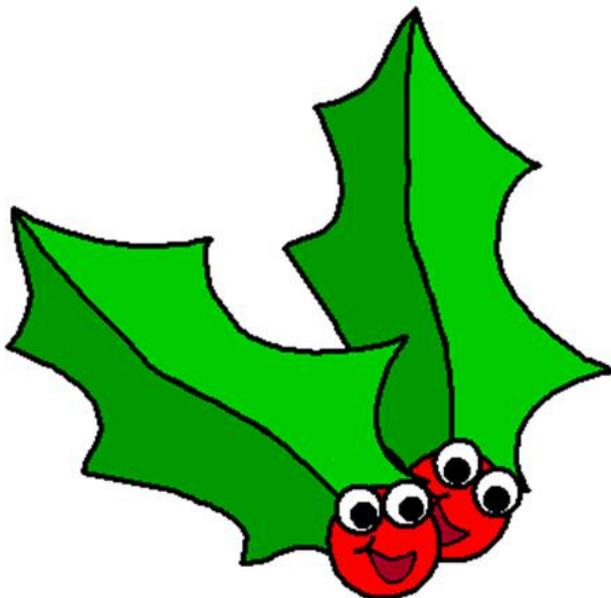




Word Search

Christmas Word Search

O B E A Y H A R E E S P G L R T
F R Q N G L E T O B A R N R V I
C W N I A I I T N Y M E I U S N
M O E A N C E M E A T S F D T S
Y L O D M L Y N A U S E F O H E
S L E K T E M D R F I N U L G L
O E L S I I N K N U R T T P I C
R U I O H E E T T A H S S H L A
F M H C H Y S S T O C K I N G S
S E I R R E B N A R C S E V L E



candycane
chimney
Christmas
cookies
cranberries
elves
family
holly
lights
mistletoe
ornament
presents
reindeer
Rudolph
Santa
sleigh
stockings
stuffing
tinsel
turkey



December Activities 2018

DATE	TYPE OF ACTIVITY	LOCATION / TIME
Saturday 1st	BINGO	St Mark's, 1.30pm
Monday 3rd	Shopping	Aldi
Tuesday 4th	Lunch Club & Activities	St Bartholomew's, 12.30
Wednesday 5th	Coffee Morning Book Club	St Bartholomew's, 10.30am St Margaret's, 2pm
Thursday 6th	Exercise Class	Kimbrose, 4pm
Friday 7th	Lunch Club & Activities	St Bartholomew's, 12.30
Monday 10th	Trip	Gloucester Quays
Tuesday 11th	Lunch Club & Games	St Bartholomew's, 12.30
Wednesday 12th	Christmas Brunch Knit and Natter	St Philip's, 10am St Margaret's, 2pm
Thursday 13th	Christmas Brunch Movie Afternoon	St Mark's, 10am St Bartholomew's, 1.30pm
Friday 14th	Lunch Club & Activities	St Bartholomew's, 12.30
Monday 17th	Shopping Christmas Brunch	Sainsbury's St Bartholomew's, 10am
Tuesday 18th	Residents' Christmas Party	Kimbrose, 5pm
Wednesday 19th	Coffee Morning Games Club	St Margaret's, 10.30am St Margaret's, 2pm
Thursday 20th	Exercise Class	Kimbrose 4pm
Friday 21st	Lunch Club & BINGO	St Bartholomew's, 12.30

LUNCH CLUB MONDAY - FRIDAY

MEAL DELIVERIES ARE AVAILABLE ON TUESDAYS, WEDNESDAYS & THURSDAYS

Activities are open to all Residents on a 'first come first served' principle. If you require assistance a relative or friend should accompany you. A deposit may be required for trips.

TO BOOK MEAL DELIVERIES, LUNCH CLUBS, **SHOPPING** or **OUTINGS** PLEASE CALL HEAD OFFICE on 01452 500429.

For further information about individual activities, please see posters on your notice boards or speak to a member of staff.

Subject to change

