



The Charity Chat

March 2019

Guild House Conservatory

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We are delighted with our new ceiling in our Guild House conservatory. It has been lowered to provide a cosier, warmer feel & we have added feature, backlit tiles which depict a beautiful blue sky and some overhanging tree branches. It really is letting the outside well and truly in! We think the effect is really stunning.



Magdalen House

Music, Merriment, a Farewell and More



This month we have had a busy time, we've had quite a lot going on.

We enjoyed another fun filled music session with Linda, everyone joined in the singing and dancing.



We enjoyed another social evening enjoying cheese and wine. It was lovely to all get together and enjoy a glass of wine or beer and a few biscuits with cheese.



We also enjoyed the dusting of snow that we had in February, some of the residents went outside to see the gardens looking beautiful.

Goodbye to Christine

We had to say a very sad goodbye to Christine our Administrator this month, she has decided it's time to retire and enjoy some sun down under in Australia. We all want to wish her the best of luck and hope she has an amazing time in Oz.



We have now got Pre school children coming in to see us monthly which we are all really looking forward to, we will be doing gardening activities, arts and crafts and having lots of fun with them.

Victoria Moore





Guild- & Magdalen House

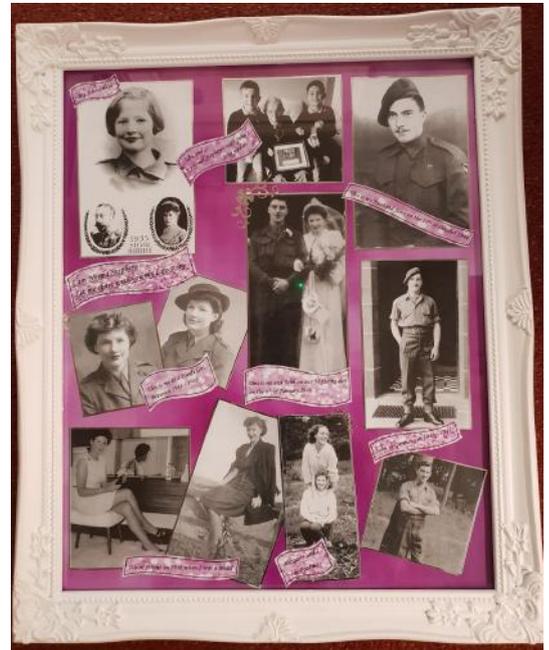
Life Story Frames

The residents of Guild and Magdalen have been busy producing photographic 'Life Story Frames', which give a small snapshot of the events, places and people that are special or meaningful to them.

These frames are particularly important to those residents who are living with a dementia as they can be used to aid memory, promote reminiscence and to spark recognition when remembering names and faces becomes difficult.

Staff have been supporting residents to produce the frames and they are finding that this activity has given them an opportunity to hold conversations, share memories and to really connect with the people that they care for on a daily basis.

Here is just one example of what the end result can look like – a beautiful photographic account of a life which gave the resident so much pleasure to produce and gave her husband so much pleasure to see.



Valentine's Day

We are sharing Love all year around and especially for Valentine's Day everybody was involved to spread hearts all over the home. It looked amazing! We had a flower arranging session in preparation for Valentine's decorations and on the day itself we celebrated with the experience of the Chocolate fountain. That everybody enjoyed it, is needless to say. A huge thank you to all the volunteers, who made this day so special for our residents.



Snow Day

One Friday it was snowing so much, that we didn't take the risk to get our residents out on the trip. So we made a snow day out of it, played some games and brought a snowman to the residents instead.





The Kimbrose Club

February Trips and Activities

The Kimbrose Club organised a trip to the Sherborne cinema to see Mary Poppins, we were delighted to be joined by the residents of St Marks, Guild house and Magdalen House. Everyone enjoyed the film; we hope to be able to come together for more events in the future.



The Kimbrose members enjoyed a valentine dance at Tewksbury day centre, we enjoy going out and about with our club members

and supporting other day services. The dance was a 50's themed event, our club members weren't shy



when it came to showing off their moves on the dance floor. The afternoon was topped off when we won some chocolates on the raffle which were enjoyed on the bus journey home.



The Kimbrose members were visited by Kate O'Keefe from the Heritage hub for a EOYKE reminiscence session, using modern day technology a I pad app developed by Liverpool museum and items from



yesteryear such as the little free school milk bottles and lzal medicated toilet paper our club members were transported back to a time of cold bathrooms and being a milk monitor.



Sheltered Housing



British Heart Foundation Fundraiser!



The Housing Team would like to thank everyone who contributed to our cake and coffee morning to raise money for British Heart Foundation on Valentines Day.

Altogether we raised an amazing £254.00.

Everyone loved the cakes, the singing and of course the amazing raffle prizes!

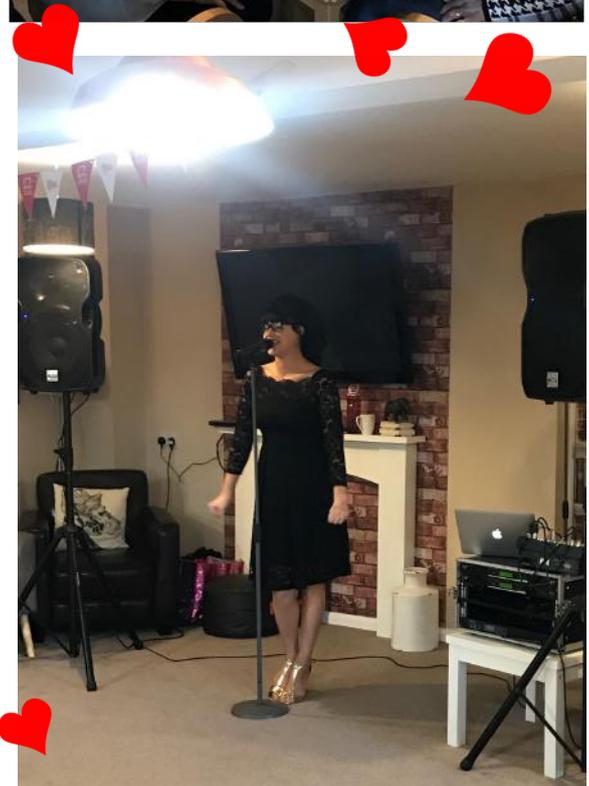


New Staff Member



Julia Humphreys started with us in January, as Receptionist, at Head Office, Century House, 100 London Road. Having previously worked in a school she is thoroughly enjoying the different environment, finding everyone extremely friendly and welcoming.

We all wish a warm welcome to Julia!





Recipe

Luscious lemon baked cheesecake

Prep time : 20 mins /Cooking time 40 mins

Ingredients

225g digestive biscuits
100g butter
250g tub mascarpone
600g soft cheese
2 eggs, plus 2 yolks
zest 3 lemons, juice of 1
4 tbsp plain flour
175g caster sugar

For the topping

½ a 284ml pot soured cream
3 tbsp lemon curd
handful of raspberries



Method:

- Heat oven to 180C/fan 160C/gas 4. Line the bottom of a 23cm spring form tin with greaseproof paper. Tip the biscuits and melted butter into a food processor, then blitz to make fine crumbs. Press into the tin and chill.
- Whisk the mascarpone, soft cheese, eggs and yolks, lemon juice, zest, plain flour and caster sugar together in a large bowl until completely combined, pour into the tin, then bake for 35-40 minutes until the cheesecake has a uniform wobble.
- Turn off the oven and leave the cake inside until cool. When it is completely cooled, remove from the tin and top with soured cream. Swirl lemon curd over the top and decorate with raspberries, if you like.

Taken from bbcgoodfood.com/recipes/9653/luscious-lemon-baked-cheesecake



Word Search

English Counties

N	D	D	R	Y	W	I	L	T	S	H	I	R	E
B	O	E	O	E	E	C	O	R	N	W	A	L	L
K	E	R	V	R	E	R	I	H	S	K	R	O	Y
K	L	D	T	O	S	L	R	H	P	S	S	I	D
E	N	O	F	H	N	E	O	U	C	E	W	L	E
R	R	S	F	O	U	M	T	O	S	K	E	N	T
I	T	T	S	R	R	M	N	E	R	F	E	M	D
H	K	E	H	E	O	D	B	E	H	A	S	A	I
S	R	S	L	E	R	N	S	E	H	O	T	H	O
P	B	R	D	W	K	L	K	H	R	R	O	R	H
O	O	E	Y	N	U	R	R	E	I	L	R	U	S
R	R	M	E	S	E	L	S	I	R	R	A	D	I
H	E	O	B	E	R	K	S	H	I	R	E	N	O
S	R	S	L	A	N	C	A	S	H	I	R	E	D

Northumberland
 Norfolk
 Surrey
 Kent
 Somerset
 Bedfordshire
 Dorset
 Cornwall
 Yorkshire
 Berkshire
 Shropshire
 Devon
 Wiltshire
 Durham
 Lancashire



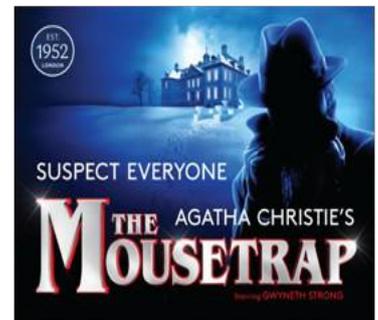
Gardening for Wildlife at The Dean Heritage Centre

Saturday 9 - Sunday 10 March 2019



Owl Evening at Cotswold Falconry Centre

Saturday 16 March 2019



The Mousetrap at the Everyman Theatre

Monday 18 – Sat 23 March 2019



Subject to change

March Activities 2019

DATE	ACTIVITY	LOCATION / TIME
Friday 1st	Lunch Club & Activities	St Bartholomew's, 12.30
Monday 4th	Trip	St Fagans, 9.15
Tuesday 5th	Lunch Club & Tesco	St Bartholomew's, 12.30
Wednesday 6th	Coffee Morning Knit and Natter	St Margaret's, 10:30 St Margaret's, 14.00
Thursday 7th	Movie Afternoon and a pudding	St Bartholomew's, 13:30
Friday 8th	Lunch Club & Activities	St Bartholomew's, 12.30
Monday 11th	Shopping	Tesco, 9.30
Wednesday 13th	Social Morning Cheltenham Races Bets Afternoon with food Games Club	St Mark's, 10:30 St Bartholomew's, 11:30 St Margaret's, 14.00
Thursday 14th	Cheltenham Races Bets Afternoon with food	St Philip's, 11:30
Friday 15th	Lunch Club & Activities	St Bartholomew's, 12.30
Monday 18th	Trip Bingo	Taurus Crafts & Nags Head, 9.30 St Philip's, 15.00
Wednesday 20th	Coffee Morning (joined by Age UK and SAFFA for a presentation) Book Club	St Bartholomew's, 10:30 St Margaret's, 14.00
Thursday 21st	Monthly Lunch Out	Rose Tree Farm, Quedgeley, 11.00
Friday 22nd	Lunch Club & Activities	St Bartholomew's, 12.30
Monday 25th	Shopping St Margaret's quiz night and cottage pie with veg	Morrison's, 9.30 Kimbrose, 17.00
Wednesday 27th	Coffee Morning	St Philip's, 10:30
Thursday 28th	Poker Afternoon	St Mark's, 13.00
Friday 29th	Lunch Club & BINGO	St Bartholomew's, 12.30

Activities are open to all Residents on a 'first come first served' principle. If you require assistance a relative or friend should accompany you. A deposit may be required for trips. **TO BOOK MEAL DELIVERIES** (Tue - Wed - Thursday), **LUNCH CLUBS** (Monday - Friday), **SHOPPING** or **OUTINGS** PLEASE CALL HEAD OFFICE on 01452 500429. For further information about individual activities, please see posters on your notice boards or speak to a member of staff.

