

Kimbrose Club Newsletter

June 2019

Gardening Club

We are all really looking forward to the summer months and the opportunity to spend more time outdoors. Some of our members are happy to just relax in our lovely garden at Kimbrose. While others like to help grow flowers and vegetables. One of our member's favourite activities is potting up the hanging baskets for us all to enjoy throughout the summer.



Walks with Hawks

We were delighted to have 'Walks with Hawks' come to Kimbrose in May. Claire is a regular visitor with her beautiful birds of prey. The encounters are both fun and informative and offer the rare chance for us all to get close to these majestic birds. On this visit Claire flew 2 owls and a falcon across the lounge. She later introduced a dear little burrowing owl that ran along the carpet to the members. It really is a unique and wonderful experience.



Food Tasting

We like to provide varied and nutritional lunches for our members, but above all we want them to enjoy their meals and so held a food tasting session. Everyone had fun sampling the summer menu and then providing us with their opinions, as food critics, on the different dishes. This will now enable us to order their favourite choices.



Ladies Day

On Thursdays we hold the very popular Men's Den and decided it would be a nice idea to introduce a Ladies Day on a Wednesday. It's an opportunity for the girls to get together to cook, craft, sew, knit and

Butterfly Project

Our members were able to watch the miracle of the metamorphosis of caterpillars to butterflies. The caterpillars were provided with food, spun silk for their cocoon, changing firstly into chrysalides before emerging as Tortoiseshell butterflies. These were released on a lovely sunny day during a member's trip out to Robinswood.



Orchard Trust Trip

We organised a lovely outing and picnic for our members to go to this smallholding at Upper Stowfield, Lydbrook . It is set in a beautiful area of mixed woodland and pasture where they have a range of livestock including hens, pigs, goats ,sheep and a range of small animals. Many of these delightful animals were tame enough for the members to pet.

History boxes

The members really enjoyed rummaging through the memory box hired from the Wilson Museum. It was a lovely walk down memory lane looking at the household items from the 50's and 60's.

Entertainment Programme

June

3rd Manicures
3rd Orchard Trust Trip
4th Turtle Song- Singing Therapy
6th Willow Trust Boat Trip
6th Mel - Pianist
11th Baz - Singer
13th Yew Tree Pub- Alzheimer's
Cup Cake Day
19th Musical Movement
24th Andy Seed - Poet
27th Qi Gong - Holistic Exercise



And booked so far for...

July

1st Manicures
2nd Turtle Song- Singing
Therapy
3rd Malcolm & Carol -Singers
22nd Zoolab - Exotic Animal
Therapy
24th Summer Fete

August

7th Pianist - Mel
13th Laser shooting
16th Phoebe Appleby - Singer
27th Matt Sprosten –Singer

GCT invites you to
SLIDE DOWN THE RABBIT HOLE
for a
MAD Hatter's
Summer Fete Pic-Nic
24TH JULY
12.00pm - 3.00pm

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