



The Charity Chat

September 2019

Congratulations Hannah Baby Ruby June

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Congratulations to Hannah, who had a beautiful
baby girl called Ruby June.

Ruby had her first visit to Guild House and
everyone was very touched by this little gem.



Magdalen House

Country Side Trip

Another nice drive out for us this month thanks to Hugh, we took a drive through



Stroud and Painswick, while on our way back we spotted some fluffy little friends! How cute are these Alpacas', they were very curious of our big white bus. Some of the residents said how cute and cuddly they looked.



Sunny BBQ



We had a BBQ Lunch at Magdalen this month, we were lucky enough to pick the right day and had lovely sunshine. All the residents enjoyed the day and said it was a nice change.



We had music and fun with LOTS of laughter all around.

Jamaican Lunch



Another month another theme, this month it was all the way from Jamaica. It tasted amazing and went down well with the residents also. One comment that made us all giggle was from Joyce "What's that you have given me, my tongue has gone all tingly" she must have enjoyed it though as her plate was clean at the end. We love to give the residents the chance to try new and exciting foods, some they have never tried before and some they have tried but quite a few years ago.





Guild House

Staff Sport Day

For the first time Guild House has hosted a Staff-Sport-Day in our garden on a very pleasant day in July. Our regular visitors, the students from Elisabeth House, were coming to join us and to participate in the competitions.



Our residents prepared flags to spur the teams on and Medals were waiting for the winners. Some of our residents were taking part in the relays too and they did a grand job! Lots of fun and laughter throughout the afternoon, leaves us with the impression, that this might not

the last time to have a Sports day!

Thank you so much for everyone being involved and taking part in the fun.



Guild House BBQ



Our annual BBQ was once again a great success. The weather was glorious, amazing food was provided by the fantastic team in the kitchen and by the master chef couple, our manager Lorraine and her husband Mick.

The ukulele band added to the summery, joyful atmosphere. This event is a great opportunity for residents and their relatives and friends to enjoy quality time together. Thank you everyone for coming and for making this afternoon so delightful.



GCT Summer Fete



In the last issue we featured the GCT Mad Hatter's Summer Fete where everyone came together for lots of fun, entertainment and laughter.

Here are some more fantastic photos of the amazing day which was enjoyed by all.





The Kimbrose Club Zoolab Visit



We were delighted to have Zoolab visit with a selection of animals and reptiles, providing a unique animal handling experience. This is one of our favourite sessions, it gives our members the opportunity to hold the creatures and learn lots of fascinating facts.



The animals and reptiles are kept as the handler's pets at his home. What makes this so special is he was able to describe their individual characters in the stories he related, really showing the love he has for them.

Members held a good tempered Corn Snake, an indestructible Cockroach, an Abyssinian Guinea Pig and observed a large hairy Tarantula.





Sheltered Housing Bourton-on-the-Water



We had a really nice day at Bourton-on-the-Water.

The weather was good and we had a wonder around the lovely shops which I must say had some lovely things to buy. We had a really enjoyable lunch which was very good.



At the end of the day everybody sat by the river and enjoyed an ice-cream before the return journey home.

Mrs D Homer



Visit to Teckels



This year GCT's chosen charity for the summer fayre was Teckels, which we managed to raise £252.00. I visited Teckels along with Dorothy and Jenny from St Margaret's to present them with the cheque.

They were extremely grateful and we were lucky enough to visit the cattery and have a cuddle with a beautiful



kitten who was due to go to its lovely forever home at the end of the week.

Thank you to everyone who attended the summer fayre and helped raise money for this worthwhile charity.





Recipe

Pear & Blackberry Crumbles

Ingredients

- 4 Large English pear, peeled and cubed
- 100g goldern granulated sugar
- 250g blackberry
- 200g plain flour
- 100g unsalted butter,cold, cut into small pieces
- 85g shelled pistachio, roughly chopped
- 100g demerara sugar
- Ice cream, to serve (optional)



Method

1. Heat oven to 190C/fan 170C/gas 5. Place the pears, granulated sugar in a medium sized pan and cook on a medium heat until the fruit starts to soften and releases its juices, about 10mins. Add the blackberries and bring back to the boil, then remove from the heat. Spoon the fruity mixture into 4 individual ovenproof ramekins, or 1 large baking dish.
2. Place the flour, butter and a pinch of salt in a large bowl and rub together with your fingers until the mixture resembles coarse breadcrumbs. Add the pistachios and demerara sugar, then stir to combine.
3. Sprinkle crumble evenly over the cooked fruit. Bake for 20-25mins if small, 40mins if large, until golden. Serve with ice cream.

Resident Support Worker Nicole Mason



Nicole started with us in July as our new Resident Support Worker. Nicole has worked previously in the care sector so has a lot of experience in supporting others.

She lives with her husband, two children and the family dog and as a family they all enjoy going on lots of woodland walks and picnics in the summer.

She also likes to ride her motorbike on sunny dry weekends, travelling into Wales and all around the Forest of Dean.

Her other hobbies include, reading, embroidery, crochet, eating good food, watching movies and spending time with friends and family.

Welcome Nicole, we hope you are enjoying working at Gloucester Charities Trust.



Word search

The Weather



- Summer
- Blizzard
- Hot
- Frosty
- Fall
- Windy
- Cold
- Rain
- Night
- Warnings
- Heatwave
- Blackouts
- Snow
- Tornados
- Icy
- Hurricane
- Storms
- Humid
- Freezing
- Warm

W	U	D	D	H	E	A	T	W	A	V	E	Y	N
U	A	F	R	E	E	Z	I	N	G	M	C	M	T
S	L	R	Z	N	I	A	R	H	E	I	S	A	O
R	E	M	M	U	S	E	A	O	N	I	M	O	R
D	R	L	L	R	T	G	F	T	A	H	S	W	N
N	D	D	W	E	B	Z	A	A	C	R	F	A	A
S	R	T	A	T	L	R	L	R	I	L	R	R	D
N	A	I	B	L	A	O	L	B	R	D	O	N	O
O	Z	T	H	E	C	F	U	R	R	L	S	I	S
W	Z	U	U	A	K	M	V	H	U	O	T	N	O
R	I	I	M	U	O	M	S	M	H	C	Y	G	A
E	L	L	I	O	U	T	H	G	I	N	B	S	N
U	B	T	D	A	T	H	M	W	I	N	D	Y	R
D	S	O	L	T	S	W	S	T	O	R	M	S	A

Sheltered Housing The Nags Head

Sheltered housing had a great day trip out to Beechenhurst Lodge, in the picturesque Forest of Dean, followed by lunch at the Nags Head. The residents were accompanied by our new Activities Co-ordinator, Angela; who is settling into the role and getting to know more of the residents. A good time was had by all.





Subject to change:

September Activities 2019

DATE	ACTIVITY	LOCATION / TIME
Monday 2nd	Lunch Club	St Philip's, 12.30
Tuesday 3rd	Lunch Club	St Bartholomew's, 12.30
Wednesday 4th	Lunch Club	St Mark's, 12.30
Thursday 5th	Lunch Club	St Bartholomew's, 12.30
Friday 6th	Lunch Club & Activities	St Bartholomew's, 12.30
Monday 9th	Shopping & Lunch Club	Sainsbury's, 9.30 / St Philip's, 12.30
Tuesday 10th	Lunch Club & Activities	St Bartholomew's, 12.30
Wednesday 11th	Lunch Club	St Mark's, 12.30
Thursday 12th	Lunch Club	St Bartholomew's, 12.30
Friday 13th	Lunch Club & Activities	St Bartholomew's, 12.30
Monday 16th	Day trip / Lunch Club	Forest of Dean, 9.30 / St Philip's, 12.30
Tuesday 17th	Lunch Club	St Bartholomew's, 12.30
Wednesday 18th	Lunch Club	St Mark's, 12.30
Thursday 19th	Lunch Club	St Bartholomew's, 12.30
Friday 20th	Lunch Club & Activities	St Bartholomew's, 12.30
Monday 23rd	Lunch Club	St Philip's, 12.30
Tuesday 24th	Lunch Club	St Bartholomew's, 12.30
Wednesday 25th	Lunch Club	St Mark's, 12.30
Thursday 26th	Lunch Club	St Bartholomew's, 12.30
Friday 27th	Lunch Club & Activities	St Bartholomew's, 12.30
Monday 30th	Lunch Club	St Philip's, 12.30

Activities are open to all Residents on a 'first come first served' principle.

If you require assistance a relative or friend should accompany you.

A deposit will be required for trips.

TO BOOK MEAL DELIVERIES (Tue - Wed - Thursday), **LUNCH CLUBS** (Monday - Friday), **SHOPPING** or **OUTINGS PLEASE CALL HEAD OFFICE** on 01452 500429. For further information about individual activities, please see posters on your notice boards or speak to a member of staff.

