

# NEWSLETTER

# Kimbrose Club

## Winter 2021



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# Editor's Desk

Hello Members, Carers and Friends!

We always have a great time here at Christmas. We make it as special as we can for our Kimbrose members. They help us to dress the trees, make cards and decorations and we have delicious Christmas lunches together. All the activities they would have enjoyed when they were younger. We also arrange lots of outside entertainers to come in to bring extra festive cheer.



Merry Christmas and a Happy New Year from us all! Jane

**Kimbrose will be closed for the week commencing Monday 27<sup>th</sup> December 2021. We re-open on Tuesday 4th January 2022**



# Kimbrose in Review



## Arts and Crafts

These are very popular activities with our members. We encourage everyone to have a go. Often the most effective ideas are the simplest.



Noel is concentrating hard on his beautifully painted basket, inspired by our Harvest Festival celebrations. We are very fortunate to have Kate, an artist, visit every week to provide inspiration.

## Darts Tournament

Members have great fun playing with these safe, velcro darts. It certainly brings out their competitive spirit, especially in those who have played when they were younger.

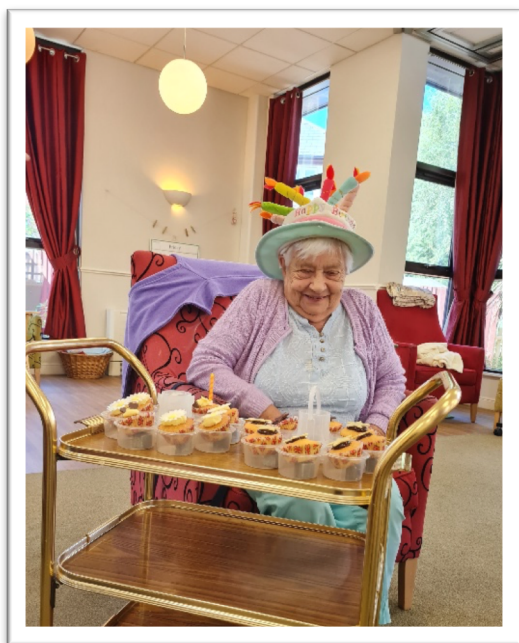


# Kimbrose in Review



## Afternoon Tea

We love cakes at Kimbrose and are fortunate to have staff member Becky who is a great baker. She helps our members to make some delicious cakes that we can all enjoy.



We always try to make our member's Birthdays special, celebrating here with Pat. These beautifully decorated cupcakes were sent in by her family for us all to enjoy.

## Hygiene rating

Alison is a great cook and serves the most delicious meals. We were delighted that the Kimbrose kitchen was awarded a 5 star hygiene rating. Well done Alison for keeping such a meticulously clean kitchen and doing such a wonderful job!



# Kimbrose in Review



## Walk With Hawks

These little visitors are always popular with our members. Here Jerry holds a Kestrel. The birds of prey fly freely in the hall landing on the members gloved hands.



## Outside Entertainers

Its great to be able to welcome back our regular entertainers, along with some new ones. You will see in our 'Upcoming Events' section we have lots to look forward to!

## Friends Reunited

Every now and then our members see a face that they know from the past. Eileen and Celia had not seen each other for many years. It was lovely when they recognized one another at Kimbrose and they have now rekindled their friendship.



# Upcoming Events

## In November.....

**15<sup>th</sup> Walks with Hawks – Birds of Prey Visit**

**18<sup>th</sup> David Kelly – Rat Pack Singer**

**22<sup>nd</sup> Piggie Party – Guinea Pig Pet Therapy**

**24<sup>th</sup> Mel Lewis – Pianist**

## And December.....

**7<sup>th</sup> Mel Lewis – Pianist**

**9<sup>th</sup> Anna - Singer**

**10<sup>th</sup> Phoebe Appleby – Singer**

**14<sup>th</sup> Alice Tribe – Singer**

**15<sup>th</sup> Andy Seed – Poetry Readings**

**17<sup>th</sup> Carole and Malcolm – Singers**

**21<sup>st</sup> Richie C – Singer**

**23<sup>rd</sup> Julie Hunt – Singer**



This is the entertainment booked so far....

We do our best to arrange a varied program spread evenly over the days of the week. However, this is always dependent on the provider's availability.

# Regular Events

Musical Movements with Sue

Seated Dance with Lizzie

Art Therapy with Kate every Wednesday until 8<sup>th</sup> December

Contact [www.theartssocietywestglos.org.uk](http://www.theartssocietywestglos.org.uk) for more details

# Noticeboard

## HAIRDRESSING

Our lovely hairdressers Sarah and Cheryl are now taking appointments for our salon again. Just let us know in advance and we will book this for you. Please note payment for this service is directly with the hairdressers and not through Kimbrose. Just send in payment with your loved one on the day.

Trim, shampoo and set £16.00

Cut and blow dry £16.00

Shampoo and set £10.50

Shampoo and blow dry £10.50

Perm £45.00

Gents hair cut £8.00

## DRESS WARMLY

Please dress your loved ones warmly when they come to Kimbrose. Although we have the heating on, we are following government advice and opening the windows to ensure there is good ventilation. We have blankets here but an extra layer of clothing and a scarf may make our members feel more comfortable.

## CHIROPODY

Please let us know if you would like us to book an appointment with our visiting chiropodist. Always cheerful, Lisa will brighten your day as well as putting a spring in your step. Again, payment is directly with Lisa and payable on the day of the appointment.

The cost is £25.00

## MEDICATION

We can support on a basic level with medication, giving a verbal reminder to our members. However, we must follow a few rules:

All medication must be in its original packaging.

The medication must state what it is, who it is for and who prescribed it.

The medication must clearly state the dose and when and how it needs to be taken.

All this information is on the dispensing label.



# Word Search

## WINTER CHRISTMAS



L Q S H O V E L W H I T E I  
Y D W O G S L E D D I N G K  
W U O C H O L L Y Q W I N D  
F S N K A M S T O C K I N G  
I J D E F R O S T Y L H M R  
C A E Y D P P C W S G H I E  
I C R T S K A T I N G J T I  
C K L F I R E P L A C E T N  
L E A S N O W F L A K E E D  
E T N L Y F R O Z E N G N E  
W W D E H O L I D A Y Q S E  
D U P D S N O W M A N E O R

Mittens  
Icicle  
Snowman  
Shovel

Snowflake  
Reindeer  
Stocking  
Frosty

Fireplace  
Holly  
Holiday  
Skating

Frozen  
Jacket  
Sledding  
Wonderland

Wind  
Sled  
Hockey  
White

